



Warida  
Wholistic  
Wellness

## CAPABILITY STATEMENT



### ABOUT BIANCA STAWIARSKI



Bianca Stawiarski is a highly skilled and motivated Badimaya (Indigenous) woman sought for her unique approach to empowering people to heal their disconnection. She enthuses calming, earthy Indigenous connectedness in everything she does. She has the specialised ability to engage, facilitate and deliver unique mindset changing programs, culturally safe and trauma-informed, empowered therapeutic support, as well as creating and developing customized wellbeing training programs. This skill is specifically beneficial during times of high stress, such as mental health issues, complex trauma experiences or responses to trauma, Machinery of Government or Organisational changes.

Recognised by local, State, National and International organisations / media for her ability to facilitate change; she is regularly sought by state / national or international bodies to create and deliver sensitive and engaging programs both online or in person; or to reach audiences through publishing her work. Bianca is also sought for her engaging training style – whether that be in wellbeing or business facilitation areas.

As one in four people in Australia have had or currently have a mental illness, all of Bianca's work is balanced and underpinned with her experience as a trauma-informed counsellor. She has a Childsafe RAN, and Working with Children and Working with Vulnerable People clearance as well as a National Police Check.



Bianca@warida.com.au



www.warida.com.au



+61 438 253 202





## PROFESSIONAL EXPERIENCES

### Awards, Professional Registration and Affiliations

- Queens Trust for Young Australians national participant
- Australian Counselling Association – Level 2
- Psychotherapy and Counselling Federation of Australia (PACFA) – Provisional member
- Leadership Team of PACFA’s College of Aboriginal and Torres Strait Islander Health Practices (CATSIHP)
- Founding Board member of the Australasian Association of Equine Assisted Psychotherapy and Equine Assisted Learning (AA-EAP-EAL)
- SA Trainer for the Equine Psychotherapy Institute
- SA Trainer for Converge International’s Employee Assistance Program
- Indigenous Business Australia’s Strong Women Strong Business, Mentor.
- Indigenous Business Australia’s Business Startup Facilitator

### Qualifications

Master (Counselling Practice)	Tabor College
Diploma of Wayapa Practice	IICT
Diploma of Life Coaching	Estrada College
Cert IV of Government (Contracting)	Major Training Services
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Bachelor of Arts (Aboriginal Studies)	Uni SA
Post Graduate Diploma (Counselling)	Tabor College
Post Graduate Diploma (Equine Assisted Psychotherapy)	E. Psychotherapy Institute

### Experience

Bianca Stawiarski has experience in the following areas:

- Cultural competency
- Organisational management and leadership
- Organisational change, transition and implementation
- Culturally safe, Trauma-informed Counselling, Mentoring, Transformational / Transitional Coaching and Workshop facilitation – individual / groups; face to face or online (locally, interstate and internationally)



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- Training, development, program development and empowerment – individual, local, state and national level. Online training delivered in UK, US and Brazil.
- Wellbeing approaches, including mindfulness, bush therapy (connection to country) and Wayapa Wuurrk (Indigenous Earth-based healing practice).

### LOCATION OF BUSINESS

Whilst Warida Wholistic Wellness is based in the Adelaide Hills (Lower Hermitage); they have the demonstrated ability to deliver contracted work across Australia, including regional and remote areas.

Address: Lower Hermitage, South Australia

Email: [Bianca@Warida.com.au](mailto:Bianca@Warida.com.au)

Phone: 0438 253 202

### INSURANCE DETAIL:

Copy of insurance cover will be provided to the Contractor upon request. The Consultancy insurance cover of to the value of \$20 million for both professional indemnity and public liability.

*Please note: Contractor is to cover flights, accommodation and vehicle hire for interstate / international work*

**ABN DETAILS:** 57 628 153 855

**REFEREES:** Available upon request

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