

FAMILY VIOLENCE – COMMUNITY RECOVERY:

Making and Mapping Whole of Community Change

ABN 57 628 153 855 / ACN 628 153 855

Facilitators



Tod Stokes

Legacy Counselling
and Consultancy



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Warida Wholistic Wellness

Contact Information

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Insurance

Warida Wholistic Wellness has Public Liability (\$20 m) and Professional Indemnity Insurance (\$20 m). Policy copies available on request.

Target Group

All organisational staff

Duration

2 DAY WORKSHOP

Key subjects covered

- Personal awareness of trauma and its impact in the lives of Indigenous Australian Peoples.
- Generational trauma (historic, collective-social, cultural, complex and [in children] developmental trauma, within Indigenous Australian peoples, families, and communities.
- Educaring model and the interconnection between cultural competency and cultural safety.
- Control – Choice – Autonomy: who has rights and who is responsible for what?
- Sharing power and governance in relation to healing
- Map an ecological approach in concepts, evidence, and practice for an integrated care model in service delivery.
- Healing: establishing safe, authentic, and positive relationships
- Deep listening and cultural evaluation through Elders Circle.

Course Outline

This workshop is designed to provide information and activities which will help you consider better practice while working with Aboriginal and Torres Strait Islander peoples' experiencing violence within their families and communities, from a trauma informed, and a trauma specific approach.

This workshop is a blend of skill development, personal learning, and professional practice. It uses prescribed readings, learning through role-play, group process and discussion to develop increased understanding and skills for use both individually and in community development approaches to violence within families and communities.

It has within it an ecological approach to promoting community participation in addressing issues of violence within families and the community generally, through the development of an action plan to address issues of violence related trauma within families and communities.

 **Maximum Number of Attendees: 25**



Venue Set-up

Circle is ideal. If possible, the venue should have easy, direct access to an outside area that will allow the facilitator to break up the in-room sessions with short outdoor activities.



Audio/Visual Requirements

Projector and Audio with laptop interface.



Participant Learning Outcomes:

In this team-building approach, workers will explore together:

- Their culturally safe and competent practice.
- They come to understand that they have both rights in the workplace, and responsibilities to each other and their work practice;
- They name issues of control, choice, and autonomy and how they exercise these, as they work together
- They explore issues of sharing power and self-governance, which builds effective teams;
- They will be encouraged to make commitments to establishing safe authentic and positive relationships in their workplace, and with their clients.
- They understand workforce stresses impact personal relationships, and vice versa.