



Founder & Managing Director, Warida Wholistic Wellness  
Chairperson, BilaEmpower | International Speaker | Author | PhD Candidate

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# Bianca Stawiarski

Bianca Stawiarski is a proud Badimia (First Nations) and Ukrainian woman, international speaker, author, healer, and changemaker. She is the Founder and Managing Director of Warida Wholistic Wellness, an internationally recognised Indigenous social enterprise that empowers individuals and organisations to embrace healing on their own terms. She is also the co-founder and Chairperson of BilaEmpower.

Dynamic, authentic, and deeply grounded, Bianca weaves Indigenous wisdom, professional expertise, and lived experience into compelling presentations that leave audiences both challenged and inspired. A PACFA-registered Clinical Counsellor and Mental Health Practitioner, Bianca is also a PhD candidate researching Indigenous, community-led healing and entrepreneurial frameworks.

## SIGNATURE SPEAKING TOPICS

- \* Decolonising Mental Health: Finding Healing on Your Own Terms
- \* We Hold Our Own Answers: Entrepreneurship as Community Healing
- \* Reconnecting with Your Inner Fire: Women's Leadership through Authenticity
- \* Healing in Community: Connection as the Foundation for Change
- \* From Disconnection to Wholeness: Indigenous Wisdom for Modern Leaders
- \* Healing Hoofbeats: Equine Assisted Therapy and Indigenous Connection to Country



## FURTHER READING

- \* **OrcID:**  
<https://orcid.org/0000-0002-0083-1985>
- \* **Academia:**  
<https://batchelor.academia.edu/BiancaStawiarski>

## SPEAKING HIGHLIGHTS

- \* Speaking at national and international conferences including Native American and Indigenous Studies (NAISA) conference (USA), Lowitja Institute's International Indigenous Health and Research Conference (AUS), Australia and New Zealand Mental Health Association Indigenous Wellbeing Conference (NZ).
- \* Guest lecturing at Australian and international Universities: Johns Hopkins Bloomberg School of Public Health (USA), Monash University, University of Adelaide, Deakin University, Flinders University on culturally integrated approaches to trauma, grief, Indigenous knowledges, wellbeing, and social entrepreneurship
- \* International presentations on Indigenous entrepreneurship, trauma and healing frameworks

## WHY BOOK BIANCA?

Audiences consistently describe Bianca as dynamic, engaging and transformative. She blends story, scholarship, and spirit; grounding her talks in lived reality while offering hopeful, practical pathways forward.

*"It was the first time that I wrote down so many notes during this conference. To look for what we have in common, not what is different - it was an aha-moment for me" - name withheld.*  
Global Russian Doula and Perinatal Support Conference